



Dr. Patrick McCrea

M.D., M.A.Sc., F.R.C.S.C., General Surgeon

Boardwalk Professional Centre

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RIGID SIGMOIDOSCOPY

This is an instruction sheet for patients scheduled for rigid sigmoidoscopy. If you believe you are scheduled otherwise and received this form in error, please call the clinic.

If this is your first visit with Dr. Patrick McCrea, please fill out the Health Questionnaire (attached), and return to the office. The clinic should receive by email (preferred), faxed, or mail at least 1 week in advance. Please watch instructional videos for your procedure on www.drpatrickmccrea.com.

Attention: _____

You are scheduled for an upcoming procedure with Dr. Patrick McCrea. You will need to register at the Admitting Department 90 minutes prior to your procedure.

Date: _____ **Registration Time:** _____ **Procedure Time:** _____

Location: Endoscopy Unit, Queen Elizabeth Hospital, 60 Riverside Drive, Charlottetown, PE.

You must call 902.368.7610 or email info@drpatrickmccrea.com to confirm appointment at least 7 days prior to scheduled procedure or your appointment will be cancelled. If you cancel later than this, it is difficult to find someone to take your place and you may be subject to a cancellation fee.

REQUIRED BOWEL PREPARATION INSTRUCTIONS:

Supplies Needed: Available without a prescription at any pharmacy.

- 1 Fleet Enema which works the same way as a suppository
- Please give yourself the enema 1.5-2 hours before leaving for your appointment. You can eat a regular diet up until you take your Fleet Enema.

MEDICATIONS/CONDITIONS:

If you are on chemotherapy, please advise Dr. McCrea's office as soon as possible as your rigid sigmoidoscopy may have to be deferred until chemotherapy is completed. If you are taking blood thinning herbs or medications:

- Ticlid (ticlopidine): Contact our office as soon as possible.
- Pradax (dabigatran): Contact our office as soon as possible.
- Coumadin(Warfarin): Contact our office as soon as possible.
- Plavix (clopidogrel): Contact our office as soon as possible.
- Iron, vitamins, and/or herbal medications: Please discontinue 1 week prior to your appointment.

Please refer to www.drpatrickmccrea.com for videos and more information about your procedure. If there are any questions or concerns regarding these instructions, please contact Lindsay Perry, Administrative Assistant, at Dr. McCrea's Office at info@drpatrickmccrea.com or at 902.368.7610.